# Läuferabend Freital – Zeitplan

| | Kinder U12 | | Kinder U14 | | Jugend U16 | | Jugend U18 | | Jugend U20 | | 20 – 29 | | 30 – 50 | | 55 + | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Uhrzeit | w | m | w | m | w | m | w | m | w | m | w | m | w | m | w | m | Uhrzeit |
| 17:00 | | | | | 100 m | | 100 m | | 100 m | | 100 m | | 100 m | | 100 m | | 17:00 |
| 17:05 | | | | | | | | | | | | | | | | | 17:05 |
| 17:10 | | | | | | 100 m | | 100 m | | 100 m | | 100 m | | 100 m | | 100 m | 17:10 |
| 17:15 | | | | | | | | | | | | | | | | | 17:15 |
| 17:20 | 50 m | | | | | | | | | | | | | | | | 17:20 |
| 17:25 | | 50 m | | | | | | | | | | | | | | | 17:25 |
| 17:30 | | | | | | | | | | | | | | | | | 17:30 |
| 17:35 | | | 75 m | | | | | | | | | | | | | | 17:35 |
| 17:40 | | | | 75 m | | | | | | | | | | | | | 17:40 |
| 17:45 | | | | | | | | | | | | | | | | | 17:45 |
| 17:50 | | | | | 300 m | | | | | | | | | | | | 17:50 |
| 17:55 | | | | | | 300 m | | | | | | | | | | | 17:55 |
| 18:00 | 800 m | 800 m | | | | | | | | | | | | | | | 18:00 |
| 18:05 | | | | | | | | | | | | | | | | | 18:05 |
| 18:10 | | | | | | | 400 m | | 400 m | | 400 m | | 400 m | | 400 m | | 18:10 |
| 18:15 | | | | | | | | 400 m | | 400 m | | 400 m | | 400 m | | 400 m | 18:15 |
| 18:20 | | | | | | | | | | | | | | | | | 18:20 |
| 18:25 | | | 2.000 m | 2.000 m | 2.000 m | | | | | | | | | | | | 18:25 |
| 18:30 | | | | | | | | | | | | | | | | | 18:30 |
| 18:35 | | | | | | | | | | | | | | | | | 18:35 |
| 18:40 | | | | | | 3.000 m | 3.000 m | 3.000 m | 3.000 m | 3.000 m | | | | | 3.000 m | 3.000 m | 18:40 |
| 18:45 | | | | | | | | | | | | | | | | | 18:45 |
| 18:50 | | | | | | | | | | | | | | | | | 18:50 |
| 18.55 | | | | | | | | | | | | | | | | | 18.55 |
| 19:00 | | | | | | | | | | | 5.000 m | 5.000 m | 5.000 m | 5.000 m | | | 19:00 |
| 19:05 | | | | | | | | | | | | | | | | | 19:05 |
| 19.10 | | | | | | | | | | | | | | | | | 19.10 |
| 19:15 | | | | | | | | | | | | | | | | | 19:15 |
| 19:20 | | | | | | | | | | | | | | | | | 19:20 |
| 19:25 | | | | | | | | | | | | | | | | | 19:25 |
| 19:30 | | | | | | | | | | | | | | | | | 19:30 |